

St. Francis of Assisi Anglican Church Meadowvale

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# **Gekly Programs**

#### **Sundays**

8:30am Said Eucharist

10am Holy Eucharist with Sunday School, &

Choir

#### Mondays

11am-12 Line Dancing with Sunny ~ \$5

#### Wednesdays

10am Communion and Prayers

10-11:30 Yoga with Margaret ~ \$5

#### **Thursdays**

7:30-9pm Choir Practice

# "Together we are walking with our Lord and celebrating the spirit of St. Francis on a journey of worship, service, fellowship and peace"

Sept 2019

09/2019 ~ Issue 3

# The Franciscan

#### Life is Wild ..... God is Good

Jen Jones

2019 VBS was so much fun! When life is sad, God is good! When life changes, God is good! When life is good, God is good! Each day we explored another aspect of the theme, "God is Good" through Bible stories, crafts, games, music, dance, and even snacks. Even the décor got everyone ready to ROAR!

We had awesome teenaged helpers! It is great to see people who have attended VBS as children come back as teenagers to help. VBS ended with a hot dog lunch which the children's' families attended. Thanks to our fierce participants, volunteers and leaders.











# **Checking In**

**Father Jeff** 

Summer is coming to an end, holidays are over, the kids are going back to school whether elementary, high school or university and college. Regular patterns settle in and things get back to normal. I hope that everyone had a restful and enjoyable summer. I know I certainly did and now I'm ready to get back into the routines of Church Life. Lots to do, thoughts and prayers to focus on, people to see, programmes to run, life issues to face, milestones to celebrate and above all deepen the Faith and tend to the Flock

Since coming back from holiday, my primary focus besides Sunday worship is to check in with as many people as I can. Some people I check in with by phone, some by email, some by meetings, but my favourite way to check in with everyone from St. Francis is by a personal visit. There is nothing like taking the time to sit down and chat with the people that are under my responsibility for pastoral care. Often in ministry, clergy get distracted by the everyday administrative duties of being a parish priest. Some lament that they never get a chance to go out and visit their parishioners. I too have made that same comment from time to time. But, when I reflect and get back in touch with my earlier days when I was listening for God's call to ministry, I remember quite clearly that visiting people, caring for people, listening to people, reflecting, studying, praying, laughing and crying with people was my main priority and call to Ministry. Jesus said to Peter three times, "Do you love me?" and Peter responded three times, "Yes Lord, you know that I love you." Then Jesus admonished Peter after each response to, "Feed my lambs, tend my sheep, feed my sheep." This is my priestly privilege and I look forward to make as many connections as possible this Fall.

I have noticed that we are growing a little bit with some new young families in our midst so much so that we really didn't take a break this summer from Sunday School. We consistently have had 5 to 6 children weekly and I am thankful for Jen Jones leadership in making sure that we have teachers that are making excellent connections with our kids. Vacation Bible School was amazing with the most children enrolled in a long time with 22 and 17 fabulous teen Leaders of which some are graduates from earlier Vacation Bible Schools'. It is great to see them back as leaders! Heartfelt thanks to Lori Johnson, Becky Rusk, Jen Jones and Jim Spencer for their loving and patient gift of time and energy to our parish. Please make a point to check in with our new families. Introduce yourself and let's strengthen our family parish bond.

There are still many people of our parish that I would say fall under a category of being shut-in and in danger of falling through the cracks if we are not careful. I am doing my best to keep in touch but I am not the whole body. I invite and encourage everyone in the parish to make your own connections with people you know that you haven't seen for a while for one reason or another and simply pick up the phone and check in with each other. This is the compassionate body of Christ at work with a ministry of caring. If you think that someone could use a visit from me or would like me to bring communion, please let me know and I will be happy to do it. Also please let me know if someone is sick or in hospital. Sometimes the only way that I find out is from somebody else. I will always appreciate the heads up. Let's "Tend the sheep"

I am also interested and available to meet in my office or in the Church or at Tim Hortons if anyone would like to talk to me about Theological, Biblical issues or Liturgical concerns. Or maybe you just want to have a conversation about your own spiritual journey. For instance, if anyone has some thoughts that they would like to share with me around this last issue of the Anglican and the decisions of General Synod, then please know that my door is always open  $\sim$  and we can find a good time and place to talk.

Let us make an intentional effort this Fall to check in with each other, pray for each other, assist where we can and support one another in the Faith. Remember that Sunday September 22<sup>nd</sup> is Back to Church Sunday so we all have an opportunity to invite someone new or reach out to someone that we have been missing for a while and connect or re-connect them to our parish family.

With every blessing I remain faithfully yours,





### Walk a Mile

#### **Bev Downer**





This has turned out to be a wonderful annual event for the Meadowvale West Church Centre. On a sunny afternoon in August 24 participants from St Francis and White Oak raised money (collected from sponsors) to help with the upkeep of our building. The past walks have helped fund the Parking Lot repairs (soon to begin) and now, money raised will go to other capital projects—the next being a much needed upgrade of the washrooms! At time of publication the total raised was not known. If you still haven't handed in your sponsor sheets and cash please put it in the offering plate or make sure it gets to the St. Francis office. #beautifulwalkingweather #togetherinChrist #walkamileinmyshoes

#### **ACW NEWS**

#### **Roxana Simmons**

ACW is quiet over the summer months but the Knitting Circle has been meeting occasionally .

Our first fall meeting on September 23 is a paint night led by one of our creative geniuses, Vanna Boghossian. No skill is required and sign up sheet is available or speak to the executive. All are invited whether painting or not at 7 pm!

In October we will host our Murder Mystery night organized by Becky Rusk. It has become a yearly tradition. Lots of fun and laughter as the characters get into their roles, usually wearing the appropriate costume (more info will be available in late September).

The November meeting is our election and craft night. The craft is usually easy and not to worry....you will not be nominated to a position in absentia!

It is a little early yet, but we will start planning our parish Christmas outreach that helps families over the holiday season.

More information and dates will be posted in the church bulletin and on the ACW Facebook page as it becomes available.



## **HAPPY 50th**

In August, long time parishioners Fraser and June Bennett celebrated their 50th wedding anniversary. Blessings and congratulations!



### **Annual Parish Picnic**

**Lori Johnson** 







It was a cool and grey morning for our 2019 Annual picnic on June 16th. Still there were 45 people and quite a few mosquitoes in attendance, It is always an awesome experience to worship outdoors "in God's own church" and we love to celebrate by the river. The music was inspiring. Thanks to Geoff Wilson for organizing. Sarah & Ellie Mackenzie for playing (see photo) and our outdoor choir of June Bennett, Scottie Richards, Vanna Boghossian and Lori Johnson. Following our service the picnic lunch was delicious. Selwyn Archibald and Fraser Bennett got the BBQ going and hot dogs cooked and ready just as the service ended. Prayers for sunshine next year!

#### **Save the Date**

OUR NEXT

PARISH FUNDRAISER

WILL BE A TIME,

TALENT & TREASURE

AUCTION AND POT LUCK

MARK NOVEMBER 16

ON YOUR CALENDAR NOW

## **Back to Church Sunday**

This is YOUR call to remind someone that the Anglican church is alive and well and praising God in Meadowvale. It's YOUR chance to remind someone that our parish family is loving, faithful, diverse and fun. This is YOUR time to let loose your inner disciple and reach out to someone you haven't seen in church lately ~ invite them back, offer a ride if needed or maybe to drop off a bulletin if they cannot make it. This is YOUR day to invite someone new ~ your kids, neighbours,

work out buddies to come and see what you see each Sunday. God is good. Community is good. Faith is a journey and everyone is standing at a different mile marker on that road ~ and that's okay! Let's pass the peace with old friends and new faces on Sunday September 22 at both the 8:30 and 10:00 am services!





# **Celebrations**



Above: Boghossian granddaughter Lucy Bairos at her baptism with parents Cristina and Gary





Alistair & Norma Morris have a new grandson Eli Christopher Detablan Parents; Saira & Joshua



Baptism Day for Janelle Onyinyechukwa Chakuma-Hez (with Regan Johnson)



June bride Bev Holmes and her handsome groom Brian Clark (married at St Francis)



A new grandson for Randi Holden-Stanley born Aug 16. Logan William Stanley

### St. Michael & All Angels September 29

Let's fill our sanctuary with a vision of angels. On September 29, we will celebrate the feast day of Michael and All Angels. Please bring your pictures, statues, Christmas

ornaments in to decorate and provide a celestial focus.



#### St Francis Day October 6, 2019



We will celebrate the feast day of our patron saint on Sunday Oct.6 at out two services

and at a Blessing of the Animals celebration to be held on the lawn at 1:30 pm. Bring your pets of all kinds, invite your neighbours ~ "Ask the beasts and they will teach you the beauty of this earth."

# All Saints November 3, 2019

Who are the saints in YOUR life? Who are those who have influenced you in a positive way? Who have shown by word and example how to live a life in Christ? Come celebrate all the saints on Sunday



November 3 at both regular services.

#### Remembrance November 10, 2019

Let us take time to be intentional in prayer and remember those who have sacrificed their time,



their well being and their lives for our freedoms. Wear a poppy on Sunday November 10 in honor of our veterans Pray for our world leaders and for peace on earth. Lest we forget, lest we forget.



#### **Practice Gratitude**

**Tric Glover** 

Thanksgiving is one of my favourite holidays. With it's roots in early harvest festivals, it is a time to be intentional about giving thanks. But gratitude is not solely limited to the second Sunday in October. Each prayer I begin ~ starts with thanks. Each rough day I experience, I breathe and call to mind all the things I am thankful for. Some days it's coffee and sweat pants ~ others it's a roof over my head, food in my stomach and the ability to earn money. Sometimes it's a sun rise that takes my breath away. And when my body aches and moans, I remember my brother who was 13 years younger than I am now when he died and I am grateful to be here and to know his grandchildren. Actively practicing gratitude is eye opening and life changing.

Our Sunday School uses kindness and gratitude as over all focus points ~ encouraging the kids to think of things they are grateful for and how they can be kind. This is a lesson we all need to be reminded of from time to time.

I encourage everyone to find time to count their blessings each and every day ~ start a list and add one thing everyday, say Grace before you eat, add thankful prayers to our sheets beside the prayers for help, put your gratitude in action by paying it forward and sharing the love. Happy second Sunday in October, and Happy thanks giving every day.



There is a new restaurant opened in the No Frills plaza on Erin Mills Parkway near Battleford. It is called The Western and is open for breakfast and lunch (6 am  $\sim$  4 pm). They have kindly donated a few gift certificates to us which we will use in our fundraising efforts  $\sim$  so please check them out!

http://www.westernbreakfast.com/



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"Make me a channel of your peace."

# CHECK OUT OUR WEBSITE:

WWW.STFRANCISAOFM.ORG

FIND US ON FACEBOOK St Francis Of Assisi Anglican



# **Mark Your Calendar!**

September 14	Ironmen Breakfast	9:30 am
September 17	Advisory Board Meeting	7:30 pm
September 22	Back to Church Sunday—invite a friend	8:30 & 10.00
September 23	ACW Meeting and Paint Night	7 pm at the church
September 29	Celebration of St. Michael and All Angels (bring your angels)	8:30 & 10:00
October 6	Blessing of the Animals	1:30 (on the lawn if weather permits)
October 13	Thanksgiving Services	8:30 & 10:00
Nov 3	Celebration of All Saints	8:30 & 10:00
Nov 30	MESSY CHURCH	9 ~ 12 noon at the
	(stay tuned for more details)	church